

PRESENTED BY THE NZCA



TUMBLE WORKSHOPS

WITH MEGAN BALLARD



NZCA COACHES WORKSHOP

Three hours of practical coaching insights



Live drill demonstrations



Skill breakdowns



Cross training



Live Q & A

MEET MEGAN

With over 13 years of coaching experience and a background in Olympic weightlifting, Megan has coached all-star cheerleaders since 2009. As Tumbling Director at Intensity Athletics in Murrieta, California, she has helped teams achieve national championships and Summit victories, and teaches at Inspire Cheer Camps across the USA.



CHRISTCHURCH



Friday 23 October



12pm – 3pm



All Star Pride

17 Barbour Street, Waltham



AUCKLAND



Saturday 24 October



12pm – 3pm



All Star Legacy

62 Diana Drive, Glenfield